

Arlington Council on Aging
Meeting Minutes November 17, 2016

Present: Mara Klein Collins, Jim Munsey, Noreen Murphy, Paul Raia, Dick Phelps, Jill Greenlee, Rick Fenton, Ann Fitzgerald and Marge Vanderhill.

Associate member present: Bob Tosi

I. Call to order: The regular meeting of the Council on Aging Board was called to order by Mara Klein Collins at 6:02PM on November 17, 2016, at 27 Maple Street, Arlington, MA.

Citizen's Open Forum: Bud Stone expressed an interest in volunteer opportunities.

II. Old Business:

A. Feasibility Study

1. There is a new tile floor in the mural room. The bathrooms have been updated, and the brick sidewalks will be redone in April/May 2017.
2. Five million dollars is in the 2018-2019 budget for renovations.

B. AARP

1. It was suggested the signing of the declaration of intent letter be coordinated for PR purposes.
2. The town would use the two year process to improve in all eight categories.

C. Committee Follow Up

1. Board of Selectmen: see Report of the Chair
2. Fincom: Christine Bongiorno and Susan will have a budget meeting.
3. Capital Planning: no update.

D. Minuteman Senior Services: Mara will attend the next meeting on December 7th and Marge will go as the Board's liaison.

E. Massachusetts Council on Aging Conference October 26-28. Susan presented on elder abuse.

III. Report of the Chair

A. Community Outreach Presentation to Board of Selectmen (BOS), Capital Planning, and FinCom. Jim and I updated the presentation. We subsequently submitted it to Susan; met with Christine Bongiorno and Jim Feeney who gave us some feedback we incorporated. Most important was what we hoped to get support from re: the BOS. It will be presented at the Nov. 14 BOS meeting.

1. The presentation was well received and it was noted that the COA is the fastest growing dept. in the town.
2. We asked for three things: a member of the BOS as a liaison with our Board, support for the Senior Center renovation. And additional funding for staff.

3. Mr. Curro suggested to the BOS and Town Manager that given the growth of the senior population they consider doing projection growth as done for the school system.
- B. Awaiting outreach efforts from Board Committees: FinCom and Capital Planning re: presenting. This is being written prior to Monday, so I will update at the meeting. Board of Selectmen I did not follow up with Kevin and Diane as we presenting to the BOS Nov. 14th.
- C. Fincom: Never received a response from Al Tosti. Fincom liaison COA committee was going to reach out.□
- D. Foodlink There is a program on Dec. 5 at 7 at the Senior Center. I will thank them on behalf of the COA for their support of Arlington seniors.

IV. Executive Directors Report: October-November 2016 Susan Carp, MS, ED the Arlington COA

- A. ED attended the MCOA conference. There was a lot of focus on Elder Abuse and the role of protective.□
- B. Formula Allocation of \$10/senior has been restored□
- C. ED met the new owners of Home Instead Senior Care. Home Instead has partnered with the COA previously and anticipates a continued relationship. Past programs include assistance on the Thanksgiving Meal Delivery and assistance with the holiday program□
- D. ED met with Christa Figliolini from Salter Health Care. Salter is interested in sponsoring some programs at the COA. ED will be working on a list. ED submitted a list to the Friends of the Arlington COA. The Friends will be meeting and advising as to the programs funded.□
- E. Memory Café is confirmed to debut on Monday, December 5 at Bright View Arlington. Registration is through the COA and Brightview.
- F. ED met with Randy Hampton, ED of BrightView to discuss future collaborations. □ BrightView will be a guest on Living Out Loud in January 2017.□
- G. ED and the Arlington Elder Abuse Task Force met. Very good discussions regarding recent scams and brainstormed on where information will be disseminated. For the next 7 months we will be working on creating programming using the tag line, "When Did This Become a Hard Conversation?" The series will conclude with a large event June 15, 2017 on Elder Abuse Awareness Day. The next Arlington Elder Abuse Task force meeting will be January 10, 2017.□

V. Friends of COA: It was suggested the boards have a get together once a year to show our appreciation. Perhaps a joint social event in January? Ken will check with members.

VI. Minutes of the October 16, 2016, were moved by Jim and seconded by Jill.

VII. Meeting was adjourned at 7:02 pm.

